We’re severely limited by limiting beliefs. The fact is, success (the way God defines it) is a good thing, and therefore, it’s a good thing to desire it with a white hot passion. God gives us dreams of a Promised Land and a framework of truth to guide us into possession of it. It all starts with letting God get into your head and have the throne.

Albert Schweitzer said, “A man is what he thinks about all day long.”

According to 1 Corinthians 6:19...

**YOU are the Temple in which God dwells today and makes his presence and power manifest.**

He doesn’t dwell in buildings. He dwells in believers.

Your **body** is like the **outer court** and **everyone** that ever sees or comes into contact with you interacts with you at this level.

Your **soul** (psyche/mind) is like the **inner court** and people close you see and interact with you at this level - your personality, your thoughts, your decisions, etc.

Your **spirit** is the innermost place in your being, the **holiest place** where God’s Spirit dwells and meets and communes with you.

I believe God designed **the mind** with unbelievable capacity to think, to feel, to experience, and to make choices. Neuroscience is as fascinating and mysterious a field as astronomy with as much unknown as the universe contains.

Your mind is incredibly important to your relationships with God, self, and others.

How you live ultimately flows out of your mind. In other words...
You are what you think.

Because what you think is the result of what you believe, and what you believe and think determines how you behave.

We’re going to touch on this more in the Healing series, but I want to point out that we are born with minds that are constantly forming. We’re born breathing and eating and swallowing and feeling pain and doing all the things our bodies are supposed to do because we’re born with the command center - the brain.

As we experience more life, even from the womb, what we see, feel, hear, smell, and taste shapes what we think and believe about the world - for both good (win’s, celebrations, loving words and touch, etc.) and for bad (trauma, rejection, loss, etc.).

Because of this, a lot of us now have a lot of limiting beliefs that hold us back from being and doing all that God intended for us.

For example…

- I’m not somebody who follows through
- I’m good at starting projects but I can’t finish them
- Nobody cares what I have to say
- I’m not worth it
- I don’t deserve [money, recognition, success]
- People will judge me
- I’ll sound stupid
- Nobody is interested in my ideas
- If I succeed, I won’t be able to sustain it
- You’re not going to be successful so there’s no point in trying
- I’m too old
- I’m too young
- I’m beneath these people
- I’m a quitter. I don’t finish things. I don’t persist
- I’ll never measure up
- I’m too shy
- Now is not the time.
Limiting beliefs will keep you from having intimacy with God and with others as well as from making an impact on your world. Limiting beliefs can keep you from health, wealth, happiness, success, fulfillment, and more.

**God has revealed truth about himself, about you, and about your world that demolishes the strongholds of limiting beliefs.**

Just before Joshua led the people into the Promised Land to face off against the Canaanites and inherit God's massive blessing.

**Joshua 1:1-11 NLT**

[1] After the death of Moses the LORD’s servant, the LORD spoke to Joshua son of Nun, Moses’ assistant. He said, [2] “Moses my servant is dead. Therefore, the time has come for you to lead these people, the Israelites, across the Jordan River into the land I am giving them. [3] I promise you what I promised Moses: ‘Wherever you set foot, you will be on land I have given you— [4] from the Negev wilderness in the south to the Lebanon mountains in the north, from the Euphrates River in the east to the Mediterranean Sea in the west, including all the land of the Hittites.’ [5] No one will be able to stand against you as long as you live. For I will be with you as I was with Moses. I will not fail you or abandon you. [6] “Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. [7] Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. [8] Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. [9] This is my command—be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go.” [10] Joshua then commanded the officers of Israel, [11] “Go through the camp and tell the people to get their provisions ready. In three days you will cross the Jordan River and take possession of the land the LORD your God is giving you.”

God tells Joshua to soak up God’s truth, commit it to his mind and heart, and let it shape the way he lives every moment.
Hear it. Meditate on it. Obey it.

Just look at some of the things God said to Joshua’s mind in this conversation…

**TRUTH:** Moses is dead. The past is in the past. It’s time to move forward.

**TRUTH:** God’s Word never fails. His promises never expire. Whatever God declares is an unshakeable, unbreakable truth.

**TRUTH:** You are created and empowered by God to be strong and courageous. When you follow him, you have nothing to fear.

**TRUTH:** If you pursue God’s purposes, you ARE successful!

**TRUTH:** God will never leave you nor forsake you!

**TRUTH:** Wherever God guides, God provides.

It’s time to let God give you a pure and powerful mind!

**Romans 12:2 NLT**

Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.

What are the limiting beliefs holding you back today?

The key to changing is **repentance**, which means to do a 180 from your own way of thinking to God’s way of thinking. Let HIM be the ultimate authority over your life.

What needs to change about the way you are thinking today?